

Annual Progress Report

Year: 2015-16



ICFDR

striving for a better society

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Chapter 1
Message from the Founder

I have great pleasure in introducing you to our Indian Centre for Development and Rights (iCFDR). The iCFDR reflects our vision to strive for a better society. We have tried to give recognition the gaps in governance delivery, income inequality, poor health, deprived children and gender biases. We are trying to weave together a systematic approach to create methods to bridge developmental gaps directly/indirectly both in urban and rural India.

The pages ahead of the third annual progress report explain in detail our activities and give us your valuable suggestions so that we can improve our work and help serve you and the cause better. We firmly believe that 'together we can build a better and fairer society'.

Finally, I would like to thank the 'stars' of the organisation – our donors, volunteers, associates and supporters who stood with us in demanding environments to improve the operations of the fledgling organisations, to take our vision ahead. I promise you an amazing experience with real-world knowledge, and expanded insights.

Indian Centre for Development and Rights (iCFDR) is a non-profit humanitarian organization working for the upliftment of marginalized and weaker sections of the society. It aims to increase societal awareness in the areas of education, healthcare, environment, poverty alleviation and gender equality. iCFDR promotes basic education, aides in improving maternal health as well as reducing infant mortality rates and other related diseases. It strives to work towards eradicating extreme poverty and hunger, advocating for human rights especially in relation to gender equality, raising awareness on empowering women and promote environmental sustainability. iCFDR conducts both long-term and short campaigns and events that strive to meet these goals so as to drive the society towards the vision we have.

Vision

Upliftment and empowerment of marginalized and weaker sections of the society to promote justice, fairness and equity for all.

Mission

- Create awareness in the areas of education, healthcare, environment, poverty alleviation and gender equality
- Improve maternal health and reduce infant mortality rates
- Tackle and eradicate extreme poverty and hunger
- Advocate actively in support of human rights and creating a fair society for all genders
- Empowering women
- Promote environmental sustainability

1) Free Water Distribution in Summer

This year during summer iCFDR conducted free water distribution program on 20th May and 17th July. As part of this program, water distribution systems were installed to make free water available for people who were outside their homes travelling for work, etc in scorching summer heat. The event was made successful due to the help provided by volunteers and a few members of iCFDR. Following are some of the photographs from the event:



2) Sewa Day programme

Like last year, this year too iCFDR conducted its annual Sewa Day event on Christmas Day at Satyawati School, Dataganj Block, Badaun, Uttar Pradesh, India. This year the event included-

- a) Promotion of Female Education – ‘Beti Bachao Beti Padhao’- A thorough discussion took place to highlight the significance of female education in a successful society
- b) Health Check-up Camp- Free Eye check-ups were conducted for students and free spectacles were distributed to around 150 students in need.
- c) Scholarships for students – We identified 20 outstanding students and awarded them with scholarships to cover their study expenses in order to encourage them to excel further.
- d) Cultural Events – We provided students with a platform to showcase their extra-curricular talents. To this end, students presented with a number of singing and dance performances.

Photographs from the event are given below:







facebook.com/iCFDR twitter.com/iCFDR

Annual Sewa Day

वार्षिक सेवा दिवस

25th December



Event by:
Shri Ram Pal Singh Memorial Educational and Charitable Trust
Indian Centre for Development and Rights

Rampal Singh Satyawati Devi Memorial Scholarship रामपाल सिंह सत्यवती देवी मेमोरियल छात्रवृत्ति	Rural Sports Events ग्रामीण क्रीड़ा समारोह
Cultural Events सांस्कृतिक कार्यक्रम	Health Check-up स्वास्थ्य परीक्षण
Beti Bachao, Beti Padhao बेटी बचाओ, बेटी पढ़ाओ	

Venue: Satyawati Devi Memorial Inter College, Dataganj, Budaun (U.P.)
Timing: 10.00 AM to 04.00 PM
Participating Organizations:






3) Youth leadership forum

Recognising the importance of youth leadership in order to move the country forward in the right direction, this year iCFDR started a Youth Leadership forum on 15th October. The forum's primary aim is to ensure that young people in our country have a sense of understanding about their rights and responsibilities, both for themselves and the wider society. Through this forum iCFDR aims to act as a catalyst and/or peer to enable youth to develop into their role as a responsible citizen and contribute towards creating a better and fairer society.

4) Program for Swachh Bharat Abhiyan

iCFDR is a strong supporter of initiatives such as the 'Swachh Bharat Abhiyan' taken by the government to make India a clean and healthy nation.

To support this cause, this year, iCFDR selected Akshar Vihar Park in Bareilly, Uttar Pradesh to encourage the community to take part in keeping the city clean and healthy. A group of 15 volunteers from iCFDR cleaned the park on 27th March and educated the local authorities on innovative ways to keep and maintain a clean park. The event saw a huge turnout as it was quite popular due to the national context of the campaign in recent years being supported by the hon'ble Prime Minister Sri Narendra Modi.

Following are some photographs from the event:



5) Gender Equality Campaign

iCFDR conducted a gender equality campaign on 12th February to encourage gender equality in our society. This campaign spread the message of giving equal rights to both genders. It aimed to raise awareness of the society about women's rights to do work and undertake higher education and its importance towards achieving a fairer society.

6) Organizing a Gramin Sabha (meeting)

iCFDR organised a a Gramin Sabha on 6th April to enable discussion of potential solutions for basic problems in rural areas. The discussion also featured conversations on new technologies available in the area of agriculture that farmers could utilise to increase the productivity of crops. This event was held in collaboration with Shri Ram Pal Singh Memorial Educational and Charitable Trust.

Following are some of the photographs from the event:





7) Education Promotion Program

In order to modernize education, improve the level of education and to provide proper guidance to talented individuals in urban and rural areas, iCFDR conducted an education promotion program. To this end, iCFDR had selected a cohort of talented students to provide them full support for the betterment of their career and future.

8) Green India Breath India Plantation Drive

With ecological disharmony causing biodiversity to derail, it is very important to increase green cover for keeping climatic change under control by reducing the CO2 emitted in the environment. Cleaner and greener environment will save the biodiversity loss and also cope up with the toxic air quality.

To support this initiative of cleaner India, iCFDR has started a year-long plantation program that strives to plant at least 1,000 saplings every year and to nurture them for the first 2 years. This year, we planted saplings across cities including Kolkata, Bangalore, Gurgaon and several parts of Uttar Pradesh such as Bareilly, Lucknow and Badaun.

Following are some photographs from the event:



9) Equalizing Humanity Camp

Education is the greatest equalizer, thus iCFDR has commenced a fight to equalize the playing field in educational atmosphere for the girl child. In our society, many people desire to have a son but not a daughter. Sometimes, they even go to the extent of killing female foetus and even if they are given a chance to come into this world, they are not given proper education.

iCFDR has conducted this camp with a view to give an opportunity to female children to show their talent and to prove to their parents and to the society that a girl child is not a curse but a blessing for the entire family and the society.

ICFDR celebrate national festivals like Independence Day, Republic Day and Gandhi Jayanti every year and helps aware the youth about the importance of these days.

1) Independence Day

As we know, Independence Day in our nation is celebrated every year on date 15 Aug. So our organization also celebrated Independence Day and told youth about the importance of this day.

2) Gandhi Jayanti

As we know our father of nation, Mohan Das Karam Chandra Gandhi, was born on second day of October in 1869 and he played a vital role in the independence of our nation. Every year, our country celebrates this day as Gandhi Jayanti. Our organization also celebrated Gandhi Jayanti and remembered sacrifices made by Gandhiji and spread his message of "Ahimsa Param Dharma".

3) Republic Day

The Constitution was adopted by the Constituent Assembly on 26 November 1949, and came into effect on 26 January 1950. Every year our country celebrates 26th January as the Republic Day and our organization also celebrated Republic day and told the significance of Republic Day to youth.

4) Children's day

Children's day, also known as "Bal Diwas", falls on November 14th every year. It is the date on which Pandit Nehru was born. In order to celebrate Nehruji's affection for kids, his birthday is celebrated every year as a day of fun and frolic and a celebration of childhood. Our organization also celebrated Children's day and conducted activities for children.

iCFDR conceptualized the Yearly Leadership Award – an award, for volunteers associated with iCFDR, BYNF or our network organizations who are continuously striving for a better society in September 2015. Once candidate's volunteered role at iCFDR is confirmed and are part of the Social Work Leadership Program, we firmly believe in rewarding these volunteers and members alike for their dedicated services to the organization. The BYNF Youth Leadership Program is a social and personality development program of iCFDR for the youth. The workshop program involves organizing a minimum of four social work events on annual basis. That is four hours for one event, each quarter, to enable participating associates to develop communication and leadership skills through practical experience and earn certification. The program is open to all associates who are volunteers or representatives of BYNF. This program is designed to help associates to identify, reflect and improve their competencies (skills and behaviours) through personal counseling while helping the society around. It is an ideal program for self motivated, dynamic, socially conscious and non- political youth, as it is structured to help improve personally and professionally and contribute back to the society. The Youth Forum enables enhancing multiple skills such as resource, time, team-management and at the same time making you a better human being. All the associates stand a chance to earn yearly leadership awards: Bronze, Silver and Gold. Once the membership as associate is confirmed with BYNF, and responsibilities and activities are taken up seriously, each associate is eligible for the following awards:

Bronze Leadership Award: Given after one year of dedicated service towards the society by taking an active part in the activities organized by iCFDR. Associate needs to execute a minimum of four social work events yearly. Fulfilling minimum criteria of four working hours per event quarterly makes the associate eligible for Bronze Leadership award.

Silver Leadership Award: On completion of two years, and being involved with various activities/ projects and taking up new roles and responsibilities. The award is to recognize the leadership taken in organizing social work activities, team building and mentoring new associates. At this stage, we like to see associates growing personally and professionally in BYNF, taking a leadership role in the organization and working towards their next level of goals and vision.

Gold Leadership Award: After giving three years of selfless service towards the society and community building, we recognize our associate's efforts with this award, rewarding their dedication and commitment.

Chapter 5

Awards, Recognitions and Media Coverage

Below are the clippings of some of the awards, accolades and recognitions which we have received in this year:



युवाओं ने की अक्षर विहार में सफाई

bareilly@inext.co.in

BAREILLY (27 Mar): एक ओर जहां होली सेलब्रिनेशन के दौरान फूलों की होली समेत अन्य कई रंगारंग कार्यक्रम

प्रस्तुत किए जा रहे हैं. वहीं, युवाओं ने एक अनूठे अंदाज में होली को सेलीब्रेट किया



भारतीय युवा नेतृत्व फोरम के पदाधिकारियों और सदस्यों ने अक्षर विहार की गंदगी को दूर करने का अभियान चलाकर साफ सुथरा बनाया. फोरम फाउंडर रविंद्र विक्रम सिंह के मुताबिक होली बुगई को जलाकर भस्म करने का प्रतीक है. इसीलिए इस खास मौके पर शहर के सबसे खूबसूरत पार्क की दयनीय दशा को दूर कर फिर से साफ सुथरा बनाने का प्रयास किया जिसमें तुषार सिंह रावत, शिखर तोमर, शुभम सिंह, गौख सिंह रावत व अन्य मौजूद रहे.

an initiative of i-NATION

Yuva Entrepreneur

"A week journey helped me look at ideal models which are successfully run in Uttarakhand. It was an inspiration to carry. Meeting the role models and Champions in YFY Team gave boost to determination to go on. I am hoping the good work takes a leap forward for my success in the field of areas of health, education, empowerment and environment."

RAVINDRA VIKRAM SINGH
ICFOR and BYNF
www.icfor.org
www.incfanyouthleadershipforum.in

BE THE BEST BY APPLYING.
www.yuvaprommyatra.org

रविन्द्र विक्रम जिले के होनहार युवाओं में अनूठे हीरे

सामाजिक एवं अर्थिक बदलों पर अपनी स्तर पर कार्य करना यौववन विकास के लिए प्रयत्नों को एकत्रित करना

युवा नेतृत्व फोरम के अध्यक्ष रविन्द्र विक्रम सिंह का जन्म होनहार जिले के एक परिवार में हुआ था। उन्होंने अपने जीवन के दौरान समाज के विकास और युवाओं के प्रतिभाओं के अनावरण में अनेक प्रयास किए हैं।

संस्थापक कार्य के अन्तर्गत उन्होंने युवाओं को एक साथ आने का अवसर दिया है, जिससे वे अपने विचारों को साझा कर सकते हैं और एक-दूसरे को प्रेरणा दे सकते हैं।

इस संस्था के माध्यम से युवाओं को नौकरियों, शिक्षा और अन्य अवसरों के बारे में जानकारी दी जाती है।

व्यवसायिक अनुभव

रविन्द्र विक्रम सिंह का व्यवसायिक अनुभव है। वे अपने क्षेत्र में एक सफल व्यवसायी हैं।

उन्होंने अपने अनुभवों को युवाओं के लिए साझा किया है।

इससे युवाओं को अपने व्यवसाय को शुरू करने में मदद मिलती है।

The board of advisors of the organization include-

1. **Ravindra Vikram Singh, Chief Mentor**- He loves working on socio-economic issues, aiming to bring ourselves together for sustainable development. After 6 years of corporate roles, he focused his energies on social organisations and entrepreneurship. He is currently pursuing a degree in LLB, after an MBA from Glasgow Caledonian University, UK and B.Com. (Hons.) from Sri Aurobindo College, University of Delhi. In free time, he is usually travelling.
2. **Gaurav Krishna Gupta**- He is based in Delhi. He did his schooling from DPS Mathura Road, Delhi; B.Com from Delhi University and MBA from Glasgow Caledonian University, Glasgow, UK. He is a management professional working in Noida.
3. **Snigdha Sharma, Co-founder**- She belongs to Uttarakhand and was raised in various parts of northern and western India. She holds a Masters Degree in Economics and Honours in Statistics. Currently, she is based out of Noida and works for an MNC and pursues Actuarial exams. As a student of Ramjas College, Delhi University, she was part of the NSS unit, under which she organized various seminars and camps for- Aids Awareness, Child Labour, Female Foeticide, Child Education and Blood Donation Camps. She also started a school inside the premises of her college where she used to teach poor kids from Chandraval after college hours. It's been 8+ years that the school is still going strong and has gathered many volunteers.
4. **Gunjani Patel**- She received her M.A. in Counseling Psychology from the University of North Dakota in 2008. She received her B.S. in Nutrition Science from University of Cincinnati in 2002. After receiving her Counseling degree she began her career path in Manhattan, New York before relocating to Tampa Bay, Florida in 2013, where she runs her private practice with individuals, couples, families, and children. Trained in both psychodynamic as well as family systems psychotherapy, she works with families to identify overall family dynamics, including healthy and unhealthy patterns of interacting, roles, various communication styles, boundaries, and power structures. Additionally, she has spent several years working with women and children survivors of domestic and sexual abuse at a Community Violence Intervention center where she provided crisis counseling, suicide helpline and support for victims of rape, sexual abuse. Thus giving her exposure to a wide

range of social, emotional and mental health issues from sexual abuse, and domestic abuse, to depression and anxiety disorders.

5. **Dr. Hari Om Solanki** - He was born and brought up in a farming community in Bulandshahar, Uttar Pradesh. After primary education, with his family he shifted to Delhi. He has been awarded with 'Indira award' and also national scholarship for his achievements in 2002. He secured admission to reputed Maulana Azad Medical College, Delhi and completed his MBBS in 2010. After working with Delhi government for a while he got into All India Institute for Medical Sciences, New Delhi to pursue post-graduation (MD – Community Medicine). He has experience of working at multiple levels in health system, administration of health centre, leading health teams, implementing national health programmes etc. He has the drive and passion to work for improving the health and upliftment of the people especially those who are under-served and left out of the mainstream. Presently he is working as Assistant Professor at Government Medical College, Haldwani (Uttarakhand), where he teaches MBBS and MD students as well as is involved in health service delivery to community and departmental research activities.
6. **Dr. Richa Jaswal** - She is a public health researcher and advocates health as a human right. She graduated in dentistry from Himachal Pradesh University and went on to do Masters in public health (epidemiology) from Manipal University, Manipal. She also has a certificate course in health economics and policy from Maastricht University, Netherlands. There after she worked in a team as senior research assistant in Public Health foundation of India, where she was involved in evaluating quality of health care from both provider's and consumer's perspective in public health facilities in six states of India as part of USAID-funded project. She is now based in Sydney contemplating her research career and has a vision to design and implement policies in public interest.
7. **Smita Singh** - She is a law graduate from National Law University Jodhpur with a degree in BBA (H) LLB(H). Currently working in legal advisory. She has a passion for writing on emerging social and legal issues.
8. **Sayak Ghosh**- He is a mechanical engineer who graduated from NIT Warangal. He has worked in different sectors including management consultancy, construction and real estate, data centers and healthcare. He used to work with ITC Limited in Bangalore and is presently pursuing his MBA from Rice University in Houston, USA. He advises iCFDR on strategy, educational and sustainability initiatives.

9. Ankit Singh- An architect from IIT Roorkee, he is a certified sustainability professional. He presently works with ITC Limited as a project and strategy manager and handles projects across India in locations such as Guntur, Bangalore, Lucknow, Kolkata, Ernakulam and Patna. He heads the sustainability initiatives at iCFDR.

Chapter 7
Audited Accounts

Income & Expenditure Statement
1-Apr-2015 to 31-Mar-2016

Particulars	1-Apr-2015 to 31-Mar-2016	Particulars	1-Apr-2015 to 31-Mar-2016
Indirect Expenses	4,27,876.50	Indirect Incomes	4,33,935.00
Annual Programmes on Seva Day	94,040.00	Donation Income	4,33,500.00
Education Promotion(Sanjivani)	3,650.00	Interest Income	<u>435.00</u>
Building (rent)/Dep (Set back/Rep)	3,260.00		
Preparation for Gramin Sabha	36,800.00		
Programme for Water Distribution in Summer	33,100.00		
Programme for Gender Equality Campaign	1,555.00		
Programme for India Youth Leadership Forum	9,000.00		
Programme for South Brazil Mission	5,555.00		
Account Maintenance Fee	6,000.00		
Audit Fee	7,500.00		
Bank Charges	29.00		
Celebration For Independence Day	8,650.00		
Celebration of Gandhi Jayanti	5,470.00		
Celebration of Republican Day	9,250.00		
Celebration of National Childrens Day	6,580.00		
Depreciation	18,957.00		
Furniture Donated to Suryawadi Dnyu School	11,500.00		
Green India Breath India (Enviement)	5,560.00		
Legal & ROC Fees	1,500.00		
Salary Staff	1,20,000.00		
Stationary & Printings Exp	15,897.00		
Travelling Exp	15,625.00		
Web Maintenance Exp Write Off	8,070.00		
Youth Initiative Exp Write Off	<u>328.50</u>		
Excess of Income over Expenditure	6,058.50		
Total	4,33,935.00	Total	4,33,935.00

Balance Sheet
1-Apr-2015 to 31-Mar-2016

Liabilities	as at 31-Mar-2016	Assets	as at 31-Mar-2016
Capital Account	47,282.80	Fixed Assets	59,420.30
Mr. Ravindra Vikram Cap	4,000.00	Camera	13,294.00
Mr. Vinay Kumar Singh Cap	6,000.00	Laptop	33,600.00
Reserve & Surplus	<u>37,282.80</u>	Mobile	<u>12,526.30</u>
Loans (Liability)	75,000.00	Current Assets	1,25,862.50
Unsecured Loans	75,000.00	Cash-in-hand	84,165.00
Current Liabilities	63,000.00	Bank Accounts	16,899.00
Sundry Creditors	48,000.00	Deffered Revenue Exp	8,398.50
Audit Fee Payable	<u>15,000.00</u>	NGO Branded T Shirts	10,400.00
Excess of Expenditure over Income		Trademark Purchase Exp	<u>6,000.00</u>
Opening Balance			
Current Period	6,058.50		
Less: Transferred	6,058.50		
Total	1,85,282.80	Total	1,85,282.80

Thank You

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